

DEALING WITH CONFLICT

While remaining true to your values



Have you ever dealt with someone over a conflict and come out regretting how you handled it? Maybe you caved in, got defensive, or only worried about winning! Conflict usually brings out the worst in all of us and damages relationships.

In this workshop, you will learn break-through techniques to radically change the way you show up and deal with conflict, while honoring your values, speaking your truth and finding a win-win solution.

APRIL 10, 2021 | 9:00 AM - 11:30 AM

You will learn how to:

- Prepare for a conflict or any other sticky situations
- Discover what your true values are & how they light the way through conflict
- Stop using What shields we employ to self-protect
- Identify the stories we make up that keep conflict going
- Effectively deal with conflict while remaining true to who you are and how you want to show up in relationships at work or with family or friends.



\$69 (Individuals)
\$119 (couple or co-worker)

Perfect for couples, teams, parents & individuals.

FOR MORE DETAILS: EMAIL DALE@DALEFALINI.COM