



YOU SURVIVED 2020

# WHAT'S YOUR INTENTION?

**ONLINE WORKSHOP**

**January 14, 2021**

**6:00pm - 8:00pm (MST)**

Woohoo! You survived 2020!! All of us are thrilled to leave the past year behind... but how do we want to move forward? Has a year of living in a pandemic taught us anything about how we want to show up in 2021?

DETAILS BELOW





**Forget the new year resolutions**

# **SET AN INTENTION INSTEAD**

**In this workshop you'll learn:**

- How lessons learned in a pandemic powerfully effect how you choose to live in 2021
- Why resolutions don't work and intentions do.
- How to break the barriers that hold you back.
- How to choose your word (intention) for the year.
- How to have fun & find meaning living out your intention!

**This workshop also includes:**

Pre-Workshop Assignments  
My Intent Bracelet with your "Word" on it.  
(Made by Dale)

**PRICE: \$59**